



**ANNUAL
REPORT 2024**



LETTER FROM THE CEO

Reflecting on the past year, Hospice Ethiopia expresses gratitude for the opportunity to support individuals and families during their most challenging times. The organization remains committed to providing compassionate, holistic care to those with life-limiting illnesses, ensuring comfort, dignity, and peace.

This year, the resilience of patients and their families has been a source of inspiration. Through a dedicated team of healthcare professionals, volunteers, and supporters, Hospice Ethiopia has provided not only medical care but also emotional and spiritual support, ensuring respect and comfort for those in need.

The fiscal year presented challenges, including policy changes and rising inflation. Despite these obstacles, Hospice Ethiopia has adapted and continues to prioritize the needs of the community, remaining focused on its mission.

Our work would not be possible without the generous contributions of our donors, partners, and the community. Your support enables us to expand our services, reach more families, and make a lasting impact in the lives of those we serve.

Looking ahead, we remain committed to compassion, integrity, and excellence in palliative care. We're excited to grow, innovate, and meet the evolving needs of our community.

On behalf of the entire team at Hospice Ethiopia, thank you for your continued trust and partnership. Together, we will continue to make a meaningful difference in the lives of those in need.

Sincerely,
Ephrem Abathun, PhD, Hospice Ethiopia Executive Director



Vision



To ensure all patients and their families facing a life-threatening illness have access to palliative care services throughout Ethiopia.

Mission



Our mission is to provide culturally appropriate palliative/hospice care, train healthcare professionals, and support the development of palliative care in Ethiopia.

Core Values

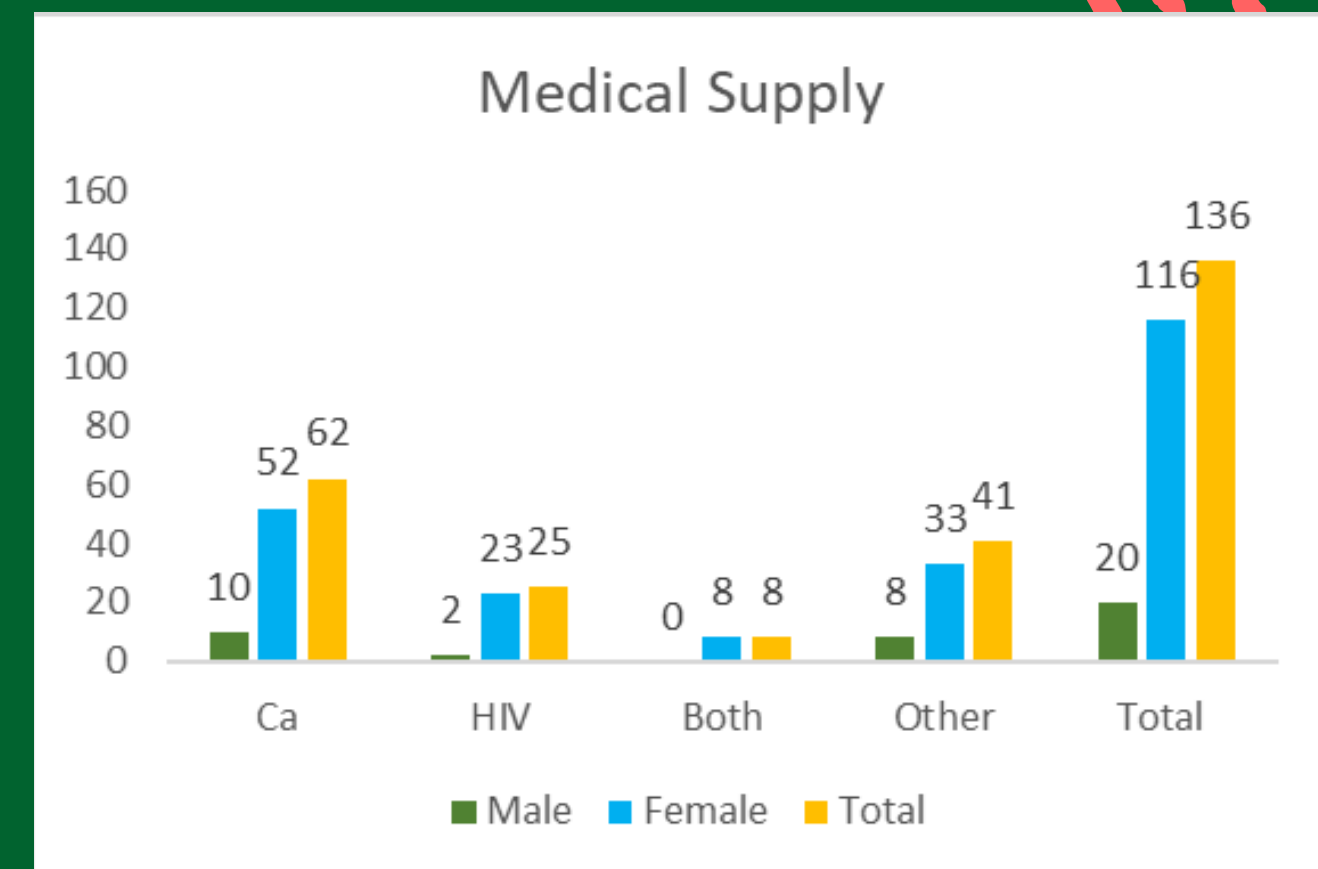
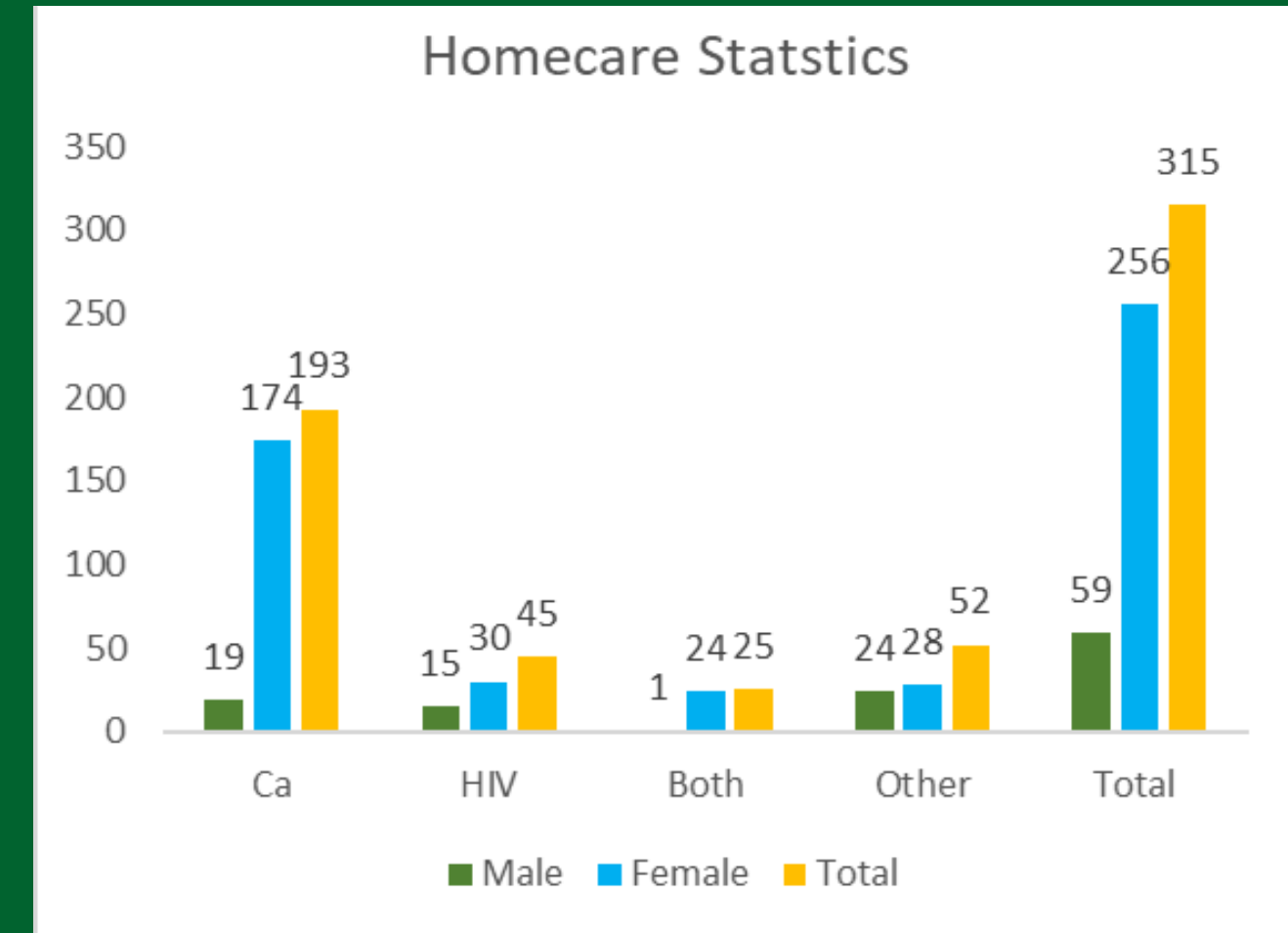


- Empathy
- Dignity
- Patient-centered and family-focused care
- Teamwork &
- Partnership

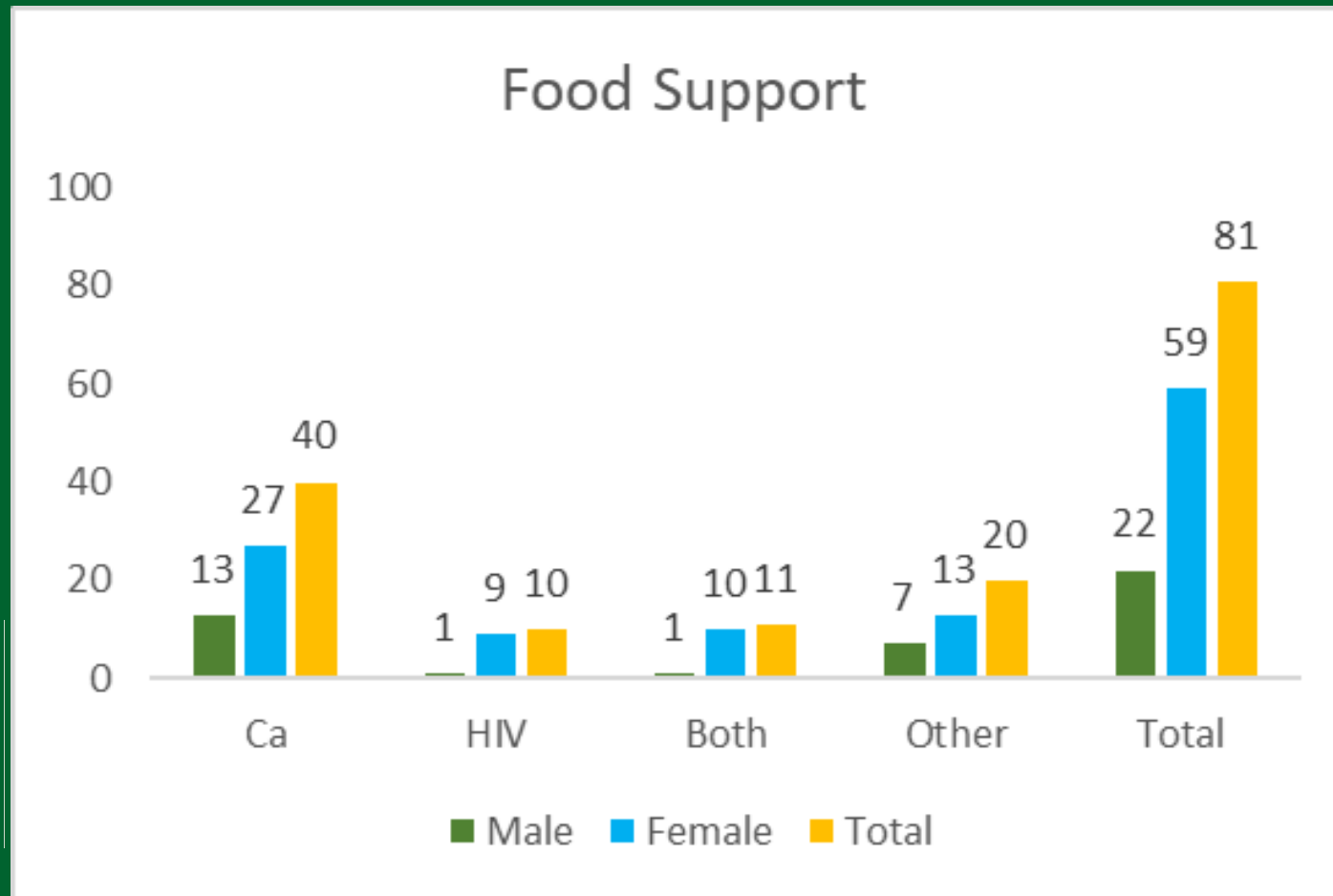
Program Activities



Hospice Ethiopia provides compassionate and holistic palliative care to **315** housebound patients in Addis Ababa. During this period, we provided pain and symptom management, medication support, wound care, emotional support, and family health education. Essential medical supplies, such as colostomy bags, gauze, and saline, were provided to **136** patients.



Food & Financial Support

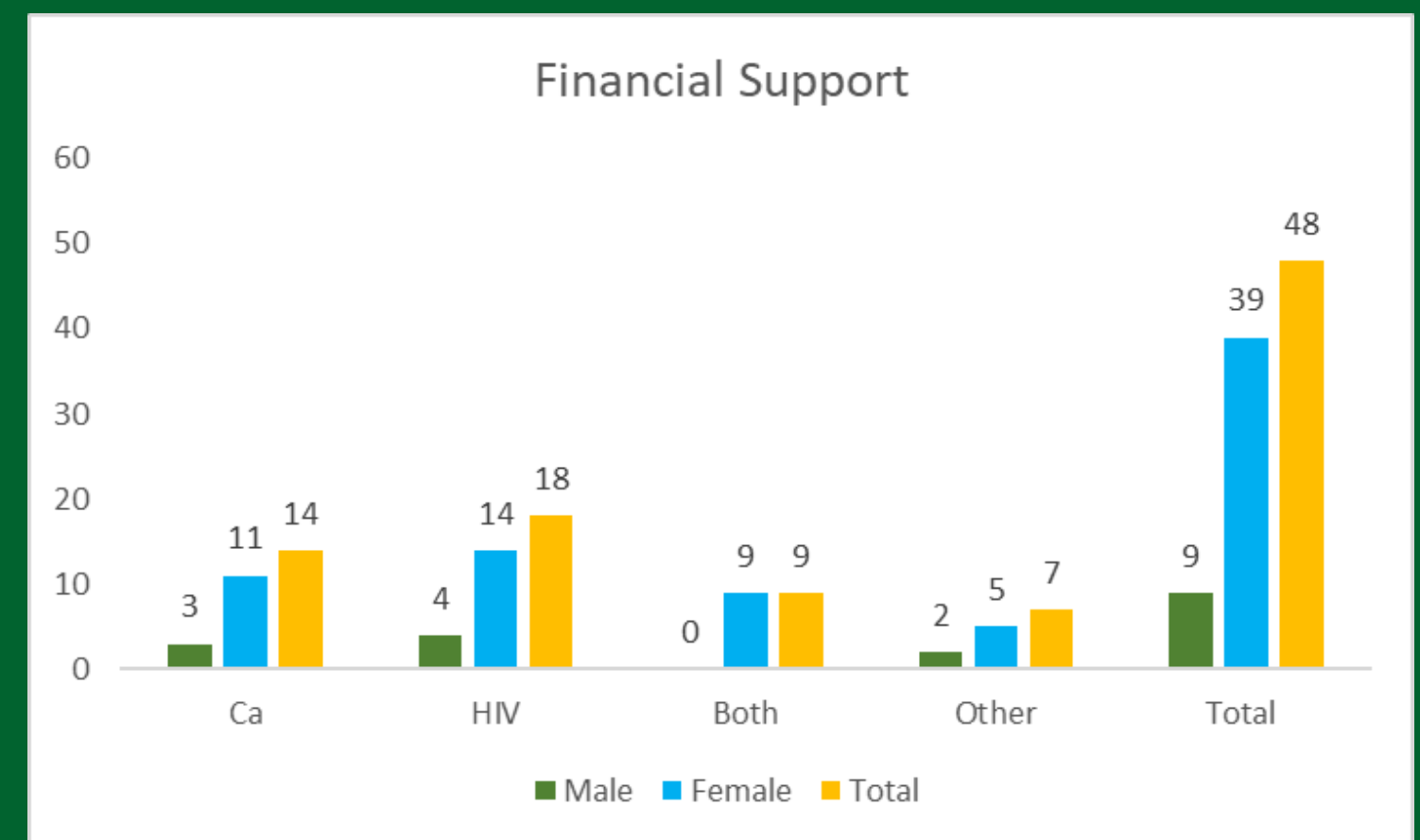


Food Support

Hospice Ethiopia provided essential food support to **81** economically disadvantaged patients, delivering items like teff, rice, and cooking oil to alleviate their social and economic burdens and health challenges.

Financial Support

Hospice Ethiopia provided monthly financial assistance to **48** vulnerable patients, addressing their economic hardships and supporting their well-being.





Day Care

Hospice Ethiopia's weekly Day Care in Addis Ababa provided psychosocial support to **16** beneficiaries through activities like music therapy, shared meals, coffee ceremonies, and health education, fostering a supportive community.

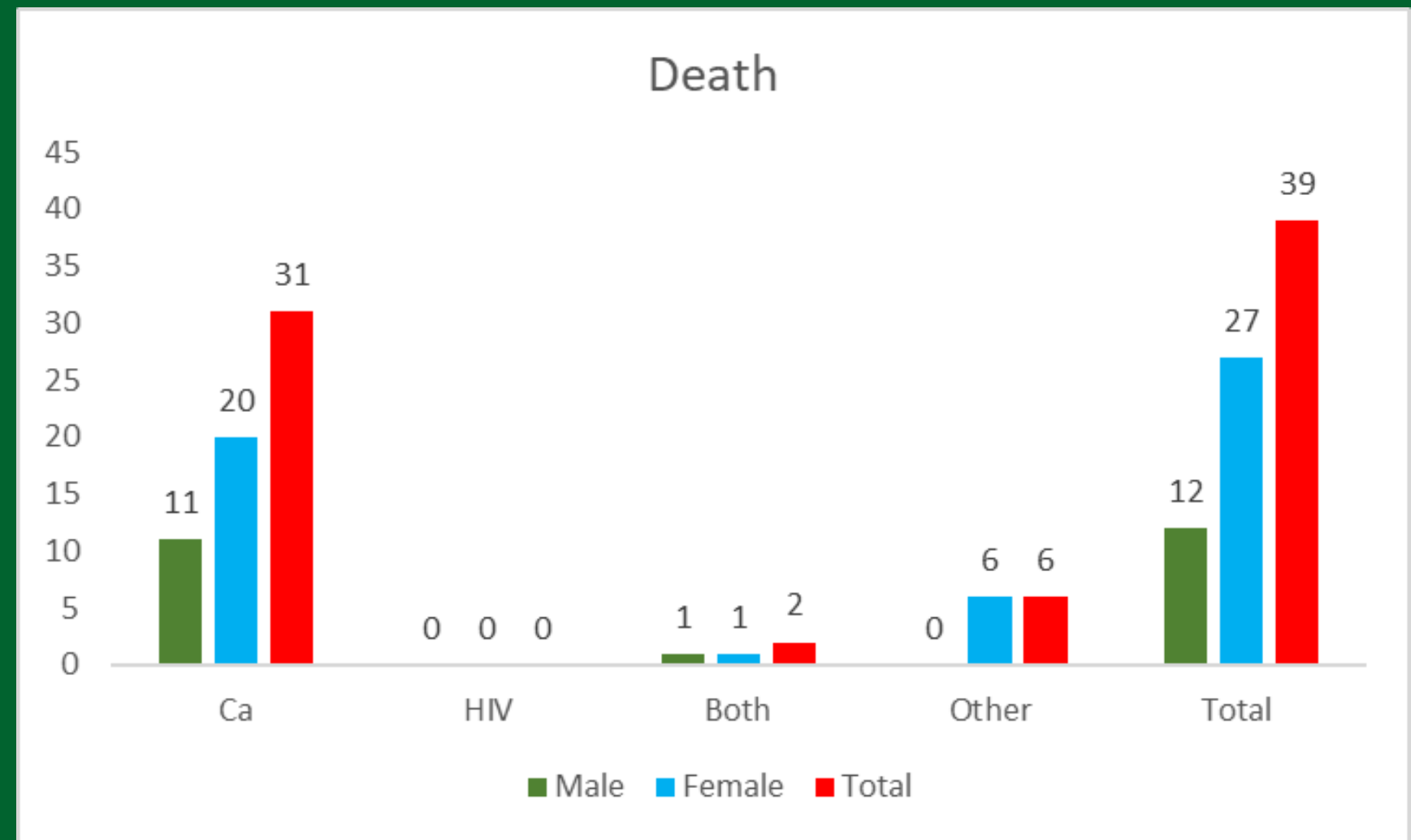


Oxygen Cylinder

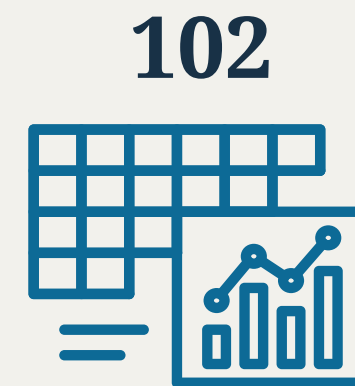
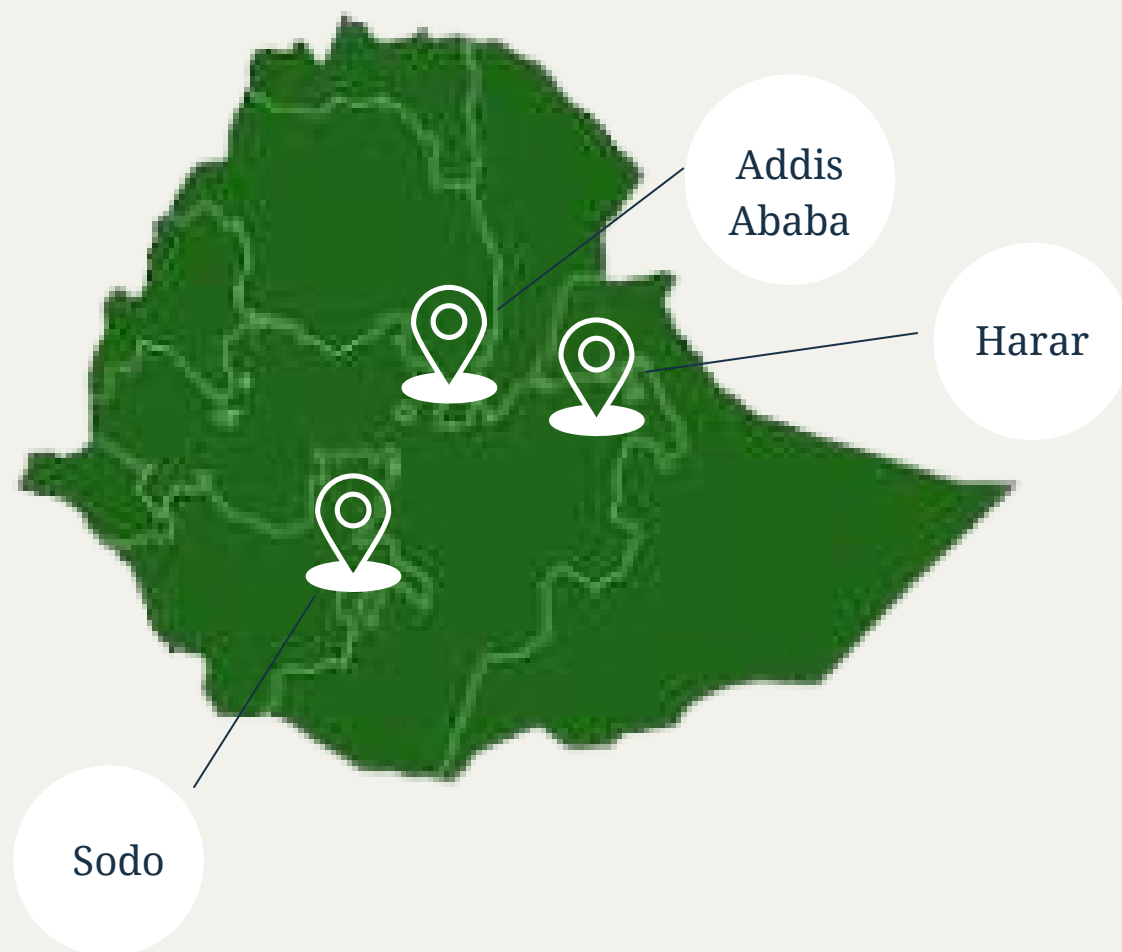
For those nearing the end of life and requiring oxygen support at home, we ensured the provision of oxygen cylinders for **11** individuals battling terminal cancer.

Bereavement Support

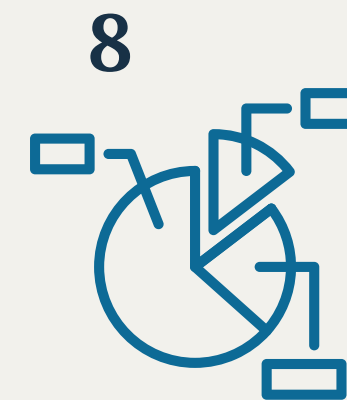
Bereavement support aims to assist the next of kin of patients who have passed away due to illness, helping them cope with their grief. This support was extended to the families of **39** patients. The accompanying graph illustrates death statistics categorized by gender and disease.



Training



In 2024, Hospice Ethiopia trained **102** healthcare professionals from six hospitals. Three of these hospitals are located in Addis Ababa, while the remaining are regional hospitals.



Hospice Ethiopia provided training to **8** clergies on the basic concepts of palliative care, including the spiritual component of care.

Training

Hospice Ethiopia trained **25** healthcare professionals in palliative care at **Hiwot Fana Hospital, Harar** in collaboration with African Palliative Care Association (APCA), to enhance patient care.



Palliative care training for **25** healthcare professionals from Zewditu, Menelik II, and St. Paul's Millennium Hospitals.

Training



Training at **Soddo Christian Hospital** for **21** healthcare professionals with support from Sue and Jamie of Hospice Ethiopia UK, advancing holistic care for patients with life-limiting illnesses.



Hospice Ethiopia conducted its first spiritual care training for **9** religious leaders from Orthodox, Protestant, and Islam faiths to raise awareness about palliative care and the spiritual challenges faced by patients.

This training was well received and emphasized the importance of holistic care.

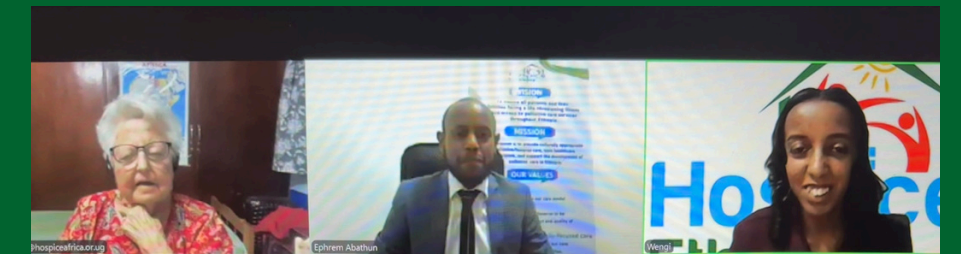
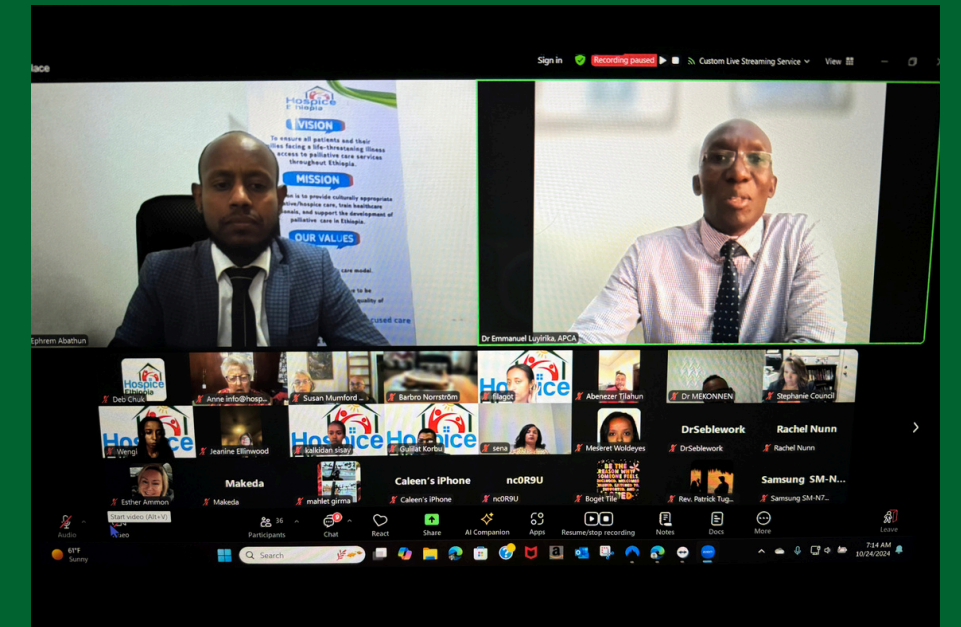


The EPEC Ethiopia project trained **31** family medicine residents from Addis Ababa University in advanced palliative care, combining resources from Northwestern University and the Ministry of Health.

Raising Awareness

World Hospice and Palliative Care Day Celebration

Hospice Ethiopia marked World Hospice and Palliative Care Day with in-person and virtual events, highlighting progress and challenges in palliative care. Key stakeholders, global experts, and supporters joined to share insights, patient stories, and strengthen partnerships for compassionate care. The virtual event, attended by over **42** international supporters, featured insights from global experts and Ethiopia's Ministry of Health, along with a moving patient story. The in-person event welcomed **47** attendees, including representatives from the Addis Ababa Health Bureau, the Ethiopian Civil Society Authority, and major partner hospitals such as St. Paul, Black Lion, Menelik II Hospital, and Yekatit Hospice.



Raising Awareness

Experience-sharing with Addis Ababa Health Bureau

Hospice Ethiopia hosted an experience-sharing session with six health centers in Lideta sub-city as part of its collaboration with the Addis Ababa Health Bureau to integrate palliative care into primary healthcare. Led by Dr. Ephrem and Sister Flagot, the session covered home-based care, opioid access challenges, policies, and facility-based care benefits, while sharing best practices in patient charting.



Raising Awareness

Palliative Care Refresher Session at Black Lion Hospital

Dr. Ephrem Abathun conducted a session on palliative care for 10 oncology and emergency nurses at Black Lion Hospital, focusing on improving service delivery to meet the growing demand. The session was engaging and highlighted the importance of compassionate, quality care.



Raising Awareness

Building Awareness Through Collaboration

In an initiative led by the Addis Ababa Health Bureau, Hospice Ethiopia collaborated to train healthcare professionals at Eka Kotebe Hospital. It was a 5-day palliative care training for **25** health care professionals, sharing valuable insights to enhance patient care. This effort underscores the importance of collaboration in advancing palliative care standards.



Partnership



snowline presents

MEET & GREET

**HOSPICE ETHIOPIA CEO,
DR. EPHREM ABATHUN**

March 28, 2024 | 5:00 pm
Snowline Office
6520 Pleasant Valley Rd, Diamond Springs

Learn about the
relevance and work
of Hospice Ethiopia



*Our Executive Director,
Dr. Ephrem Abathun,
visited the US with the
aim of strengthening
partnerships and forming
new ones.*



Dr. Ephrem engaged with the board director, staff, and team members of Snowline Health to present Hospice Ethiopia's key achievements, including significant growth in patient reach. He also highlighted the pressing challenges faced by patients, such as financial hardships, physical struggles, and systemic barriers like inflation and morphine shortages.

During his visit to Yale University, Dr. Ephrem explored the integration of palliative care in emergency and oncology settings and gained valuable insights into innovative practices. He also participated in a Global Health Night panel, sharing Hospice Ethiopia's mission, achievements, and the challenges of advancing palliative care in Ethiopia. These experiences reinforce our dedication to improving palliative care standards.

Financial Highlights

- INCOME

15,862,357.93 ETB

- EXPENDITURE

12,611,247.11 ETB

Challenges & Opportunities



Inflation: Increasing costs impact service delivery and resource allocation.

Policy Changes: New regulations affecting homecare service provision.

Opioid Access: Limited availability and accessibility of essential pain medications.

Awareness Gap: Insufficient understanding of palliative care among stakeholders.



Advocacy: Strengthening collaborations with policymakers to address regulatory barriers.

Capacity Building: Expanding training programs to enhance awareness and skills.

Partnerships: Leveraging local and international partnerships for resource mobilization.

Community Engagement: Increasing public awareness through education and outreach initiatives.

Acknowledgments

Our Staff

We extend heartfelt gratitude to the dedicated team at Hospice Ethiopia. Your compassion, expertise, and unwavering commitment to providing holistic palliative care have been the cornerstone of our impact.

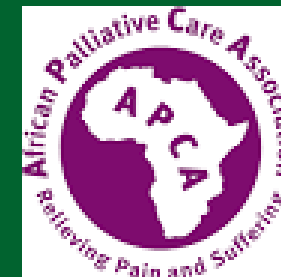
Our Volunteers

A special thanks to our incredible volunteers whose contributions continue to enhance the lives of our patients and their families. Your time and efforts are invaluable to our mission.

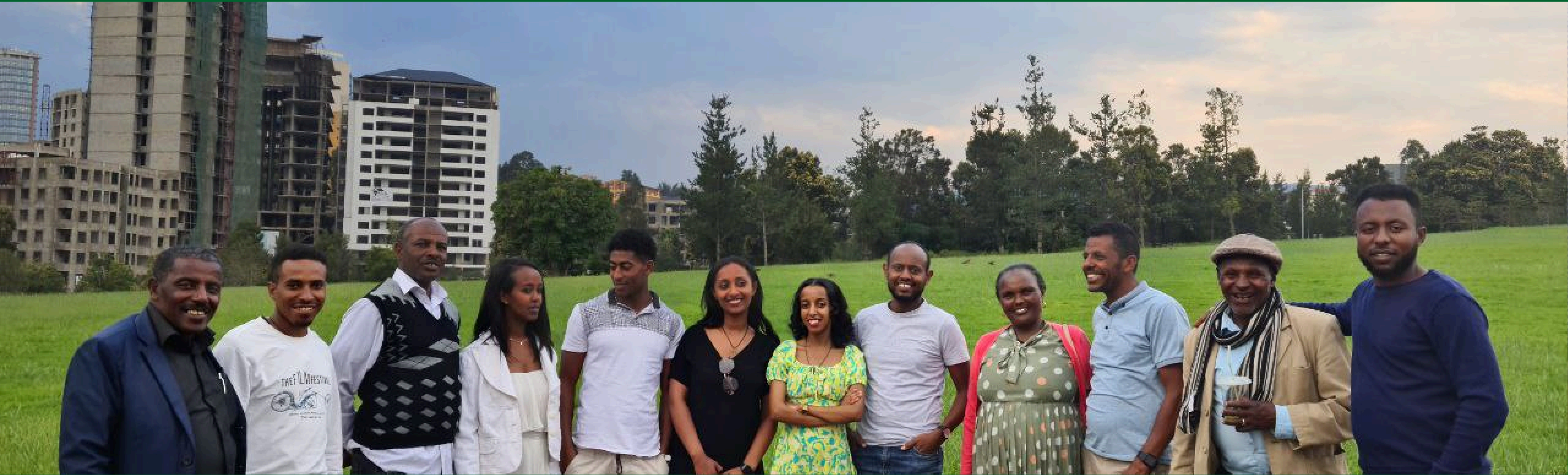
Donors & Supporters



Partners



THANK YOU



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